

## Wayland Mission Statement

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Wayland Baptist University exists to educate students in an academically challenging, learning-focused, and distinctively Christian environment for professional success, and service to God and humankind.

## Contact Information

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**Course:** CNSL 5308 Section VC 01 – Addictions Counseling **Campus:**  
WBUonline  
**Term/Session:** Spring 2026 - 1st 8 weeks  
**Instructor:** Dr. Warren (Paul) Walker, LCDC, LBSW, LPC-S, ADC, CADC, IADC  
**Office Phone Number:** (806) 292-0017  
**WBU Email Address:** warren.walker@wayland.wbu.edu  
**Office Hours, Building, and Location:** MWF 12-2pm , TT 2-4pm TT Class  
**Meeting Time and Location:** Online - Blackboard

## Course Information

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**Catalog Description:** Sociocultural, historical, legal, and clinical issues related to gambling, sexual, eating, alcohol, or drug addictions; theories and therapeutic approaches for treatment and prevention.

There is no prerequisite for this course.

## Textbook Information

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**Required Textbook(s) and/or Required Materials:**

Book	Author	ED	Year	Publisher	ISBN#
Chemical Dependency Counseling	Perkins	6th	2017	Sage	978-1-5443-6235-9
Understanding and Treating Sex and Pornography	Hall	2nd	2019	Routledge	978-0-8153-6228-9
The Alcoholism and Drug Abuse Client Handbook	Perkins	4th	2022	Sage	978-1-5443-6240-3
Various Research Articles	Varies				

The textbook for this course is part of the **Wayland's Automatic eBook** program. You will have access to an eBook and interactive learning material on the first day of class through your Blackboard course site. The cost of this Automatic eBook will be billed directly to your student account when you register for the course. You will be notified via email with access instructions and additional information. If you do not wish to participate in the Automatic eBook program, you will have the first 12 days of class to opt-out of the program (additional details will be outlined in your email instructions). For more information on the Automatic eBook program, visit the Wayland Bookstore [Automatic eBook FAQ](#) page.

### **Optional Materials: NONE**

**Course Outcome Competencies:** Upon completion of this course, students will be able to:

- Describe and discuss the major concepts regarding substance abuse issues, gambling addictions, sexual addictions and eating addictions and their assessment and treatment
- Classify and describe the major classes of drugs and their effects.
- Identify and explain the models of addiction.
- Describe, evaluate and apply the various assessment and treatment approaches of addiction counseling

## **Attendance Requirements**

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### WBUonline

Students are expected to participate in all required instructional activities in their courses. Online courses are no different in this regard; however, participation must be defined in a different manner. Student "attendance" in an online course is defined as active participation in the course as described in the course syllabus. Instructors in online courses are responsible for providing students with clear instructions for how they are required to participate in the course. Additionally, instructors are responsible for incorporating specific instructional activities within their course and will, at a minimum, have weekly mechanisms for documenting student participation. These mechanisms may include, but are not limited to, participating in a weekly discussion board, submitting/completing assignments in Blackboard, or communicating with the instructor. Students aware of necessary absences must inform the professor with as much advance notice as possible in order to make appropriate arrangements. Any student absent 25 percent or more of the online course, i.e., non-participatory during 2 or more weeks of an 8-week session, may receive an F for that course. Instructors may also file a Report of Unsatisfactory Progress for students with excessive non-participation. Any student who has not actively participated in an online class prior to the census date for any given session is considered a "no-show" and will be administratively withdrawn from the class without record. To be counted as actively participating, it is not sufficient to log in and view the course. The student must be submitting work as described in the course syllabus. Additional attendance and participation policies for each course, as defined by the instructor in the course syllabus, are considered a part of the university's attendance policy.

## University Policies

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[Link to Statement on Academic Integrity , and reference one of the following in regard to how generative artificial intelligence \(GAI\) such as ChatGPT may or may not be used in this course:](#)

- a. No use of any generative AI tools permitted.
  - i. Students are required to create and produce all work themselves or with assigned group members. Any work submitted that has used an AI generative tool like Chat GPT will be in immediate violation of the academic integrity policies for the course and WBU.
  - ii. All assignments must be fully created, designed, and prepared by the student(s).
  - iii. Any work that uses generative AI will be treated as plagiarism.

**Disability Statement:** In compliance with the Americans with Disabilities Act of 1990 (ADA), it is the policy of Wayland Baptist University that no otherwise qualified person with a disability be excluded from participation in, be denied the benefits of, or be subject to discrimination under any educational program or activity in the university. The Disability Services Coordinator and Academic Coach serves as the coordinator of students with disabilities and must be contacted concerning accommodation requests (office (806) 291-1057. Documentation of a disability must accompany any request for accommodations.

Accessibility issues with content in WBUonline courses or in Blackboard should be addressed to the WBU accessibility coordinator, Dr. Rick Hammer, [hammerr@wbu.edu](mailto:hammerr@wbu.edu) or call (806) 292-9150.

## Course Requirements and Grading Criteria

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### Grading System:

	<b>Points</b>
Discussion Board Assignments (6 total worth 50 points each)	300 points
Peer Responses (6 total worth 25 points each)	150 points
Midterm Exam	100 points
Final Exam	100 points
Research Paper	100 points
	<b>750 total points</b>

**Course Outcome Competencies:** Upon completion of this course the student should be able to apply principles of counseling and understand the etiology of substance abuse, gambling, sex, and porn addiction. Students will be able to apply treatment theories from the texts and lessons from workbooks to assist patients with these addictive disorders for abstinence and recovery. Additionally:

1. Develop an understanding of the cause of addiction.
2. Explore various theories and applied research to the practice to addiction counseling.
3. Be able to assess and treat the disease of addiction.

**Attendance Requirements:** Although our class will never meet face to face, it is imperative that you log on to Blackboard and participate and complete the assignments weekly in a timely manner. As with any master level seminar, you need to read the assigned text, journal articles, watch any videos and be prepared to respond in a substantive manner. A part of the assignments is to practice writing scholarly and use proper APA format. That is just the foundation. Our goal is to transform Blackboard into a learning lab through interaction, engagement, and participation.

Effective online participation may include offering new and unique insights, clarifying issues and complexities, re-framing and extending ideas in meaningful ways, and offering a perspective that helps integrate and synthesize readings, ideas, and topics. There are no stupid questions (or answers). Every idea has merit and the capacity to create something bigger.

## Course Assignments:

**Assignments** – Each assignment is due Sunday at midnight CST. The assignment will be 1-4 questions that you need to answer using the assigned readings for the week. Each question will state that the answer should be a synthesis of the readings, not summaries. Summaries of the assigned text, workbook, videos or journal articles will result in a grade of zero.

For each question, the criteria defined for that specific question follows, which includes word count, assigned text to be used, or outside articles incorporated (if applicable). The entire set of questions for the week will be worth 50 points altogether. A peer response will be due to two of your peers in response to their discussion post using one outside journal article. The peer response will be worth 25 points.

## Workbook Assignments

To enhance learning about addiction and ways of treating this disease. Assignments will be incorporated into the Addiction Counseling text.

## Midterm Exam

Week Four: A midterm exam will be administered consisting of 50 multiple choice questions. The test will be submitted over the reading and written assignments in weeks 1-3. The exam is open book and will have a two-hour limit.

## Final Exam

A final exam will be administered consisting of 50 multiple choice questions. The test will be submitted over the reading and written assignments in weeks 5-7. The exam is open book and will have a two-hour limit.

## Research Paper

**Research Paper** - A research paper will be completed on an assigned topic consisting of three choices.

1. The 12-step model for addiction treatment is just as effective as counseling theories for addiction.
2. Motivational Interviewing Theory is just effective in conjunction with other theories of counseling.
3. CBT theory of counseling is just effective as other theories for addiction treatment.

The paper should be a minimum of 10 pages of content, excluding cover sheet and references. Ten to fifteen (10-15) peer reviewed, scholarly journal articles should be properly cited and noted in the bibliography. Please use APA format. The paper will be submitted to Safe Assignment. If Safe Assignment detects more than 20% of previously written work, we will have a discussion. The total point value for this research paper is 100 points. This paper should include an introduction, literature review, discussion, and conclusion section. Please use these headings.

**The University has a standard grade scale:**

A = 90-100, B = 80-89, C = 70-79, D = 60-69, F= below 60, W = Withdrawal, WP = withdrew passing, WF = withdrew failing, I = incomplete. An incomplete may be given within the last two weeks of a long term, within the last week of an 8-week session, or within the last two days of a microterm to a student who is passing, but has not completed a term paper, examination, or other required work for reasons beyond the student's control. A grade of "incomplete" is changed if the work required is completed prior to the last day of the next long 16-week term or 8-week session, unless the instructor designates an earlier date for completion. If the work is not completed by the appropriate date, the I is converted to an F.

**Student Grade Appeals:** Students shall have protection through orderly procedures against prejudices or capricious academic evaluation. A student who believes that he or she has not been held to realistic academic standards, just evaluation procedures, or appropriate grading, may appeal the final grade given in the course by using the student grade appeal process described in the Academic Catalog. Appeals may not be made for advanced placement examinations or course bypass examinations. Appeals are limited to the final course grade, which may be upheld, raised, or lowered at any stage of the appeal process. Any recommendation to lower a course grade must be submitted through the Vice President of Academic Affairs to the Faculty Assembly Grade Appeals Committee for review and approval. The Faculty Assembly Grade Appeals Committee may instruct that the course grade be upheld, raised, or lowered to a more proper evaluation.

**Tentative Schedule**

<b>WEEK 1</b> 1-12-2026	<b>Chemical Dependency Counseling Chapters 1-3 Workbook Step 1-4 Journal Articles</b>
<b>WEEK 2</b> 1-19-2026	<b>Chemical Dependency Counseling Chapter 5-6 Workbook Step 5-8 Journal Articles</b>
<b>WEEK 3</b> 1-26-2026	<b>Chemical Dependency Counseling Chapters 7-9 Workbook Steps 8-12 Journal Articles</b>
<b>WEEK 4</b> 2-23-2026	<b>Midterm Exam</b>

<p><b>WEEK 5</b> 2-09-2026</p>	<p><b>Understanding and Treating Sex and Pornography Addiction Chapters 1-5 Journal Articles</b></p>
<p><b>WEEK 6</b> 2-16-2026</p>	<p><b>Understanding and Treating Sex and Pornography Addiction Chapters 6-9 Journal Articles</b></p>
<p><b>WEEK 7</b> 2-23-2026</p>	<p><b>Understanding and Treating Sex and Pornography Addiction Chapters 10-15 Journal Articles</b></p>
<p><b>WEEK 8</b> 3-7-2026</p>	<p><b>Final Exam and Research Paper</b></p>

**Schedule is subject to change**