

## Wayland Mission Statement

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Wayland Baptist University exists to educate students in an academically challenging, learning-focused, and distinctively Christian environment for professional success, and service to God and humankind.

## Contact Information

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**Course:** CNSL 5308 Section VC 01 – Addictions Counseling

**Campus:** WBU Online

**Term/Session:** Spring 2021

**Instructor:** Dr. Warren (Paul) Walker, LCDC, LBSW, LPC-S

**Office Phone Number:** 806-292-0017

**WBU Email Address:** warren.walker@wayland.wbu.edu

**Office Hours, Building, and Location:** Office Hours 12-2p.m. MWF; 2-4 TT

**Class Meeting Time and Location:** Online - Blackboard

## Textbook Information

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### Required Textbook(s) and/or Required Materials:

BOOK	AUTHOR	ED	YEAR	PUBLISHER	ISBN#
Chemical Dependency Counseling	Perkinson	5th	2017	Sage	978-1-5063-0734-3
Understanding and Treating Sex and Pornography Addiction	Hall	2 <sup>nd</sup>	2019	Routledge	978-0-8153-6228-9
Various Research Articles available in the WBU Library.					

The textbook for this course is part of the Wayland's Automatic eBook program. You will have access to an eBook and interactive learning material on the first day of class through your Blackboard course site. The cost of this Automatic eBook will be billed directly to your student account when you register for the course. You will be notified via email with access instructions and additional information. If you do not wish to participate in the Automatic eBook program, you will have the first 12 days of class to opt-out of the program (additional details will be outlined in your email instructions). For more information on the Automatic eBook program, visit the Wayland Bookstore [Automatic eBook FAQ](#) page.

**Optional Materials: None**

## Course Information

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**Catalog Description:** Sociocultural, historical, legal, and clinical issues related to gambling, sexual, eating, alcohol, or drug addictions; theories and therapeutic approaches for treatment and prevention.

**There is no prerequisite for this course.**

**Course Outcome Competencies:** Upon completion of this course, students will be able to:

- Describe and discuss the major concepts regarding substance abuse issues, gambling addictions, sexual addictions and eating addictions and their assessment and treatment
- Classify and describe the major classes of drugs and their effects.
- Identify and explain the models of addiction.
- Describe, evaluate and apply the various assessment and treatment approaches of addiction counseling

## Attendance Requirements

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### WBU Online

Students are expected to participate in all required instructional activities in their courses. Online courses are no different in this regard; however, participation must be defined in a different manner. Student “attendance” in an online course is defined as active participation in the course as described in the course syllabus. Instructors in online courses are responsible for providing students with clear instructions for how they are required to participate in the course. Additionally, instructors are responsible for incorporating specific instructional activities within their course and will, at a minimum, have weekly mechanisms for documenting student participation. These mechanisms may include, but are not limited to, participating in a weekly discussion board, submitting/completing assignments in Blackboard, or communicating with the instructor. Students aware of necessary absences must inform the professor with as much advance notice as possible in order to make appropriate arrangements. Any student absent 25 percent or more of the online course, i.e., non-participatory during 2 or more weeks of an 8-week session, may receive an F for that course. Instructors may also file a Report of Unsatisfactory Progress for students with excessive non-participation. Any student who has not actively participated in an online class prior to the census date for any given session is considered a “no-show” and will be administratively withdrawn from the class without record. To be counted as actively participating, it is not sufficient to log in and view the course. The student must be submitting work as described in the course syllabus. Additional attendance and participation policies for each course, as defined by the instructor in the course syllabus, are considered a part of the university’s attendance policy.

## University Policies

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**Statement on Plagiarism and Academic Dishonesty:** Wayland Baptist University observes a zero tolerance policy regarding academic dishonesty. Per university policy as described in the academic catalog, all cases of academic dishonesty will be reported and second offenses will result in suspension from the university.

**Disability Statement:** In compliance with the Americans with Disabilities Act of 1990 (ADA), it is the policy of Wayland Baptist University that no otherwise qualified person with a disability be excluded from participation in, be denied the benefits of, or be subject to discrimination under any educational program or activity in the university. The Director of Counseling, Career and Disability Services serves as the coordinator of students with disability and should be contacted concerning accommodation request at (806) 291-3765. Documentation of a disability must accompany any request for accommodations.

Accessibility issues with content in WBUonline courses or in Blackboard should be addressed to the WBU accessibility coordinator, Dr. Trish Ritschel-Trifilo, [trifilot@wbu.edu](mailto:trifilot@wbu.edu) or call (806) 291-3745.

**Student Grade Appeals:** Students shall have protection through orderly procedures against prejudices or capricious academic evaluation. A student who believes that he or she has not been held to realistic academic standards, just evaluation procedures, or appropriate grading, may appeal the final grade given in the course by using the student grade appeal process described in the Academic Catalog. Appeals may not be made for advanced placement examinations or course bypass examinations. Appeals are limited to the final course grade, which may be upheld, raised, or lowered at any stage of the appeal process. Any recommendation to lower a course grade must be submitted through the Vice President of Academic Affairs to the Faculty Assembly Grade Appeals Committee for review and approval. The Faculty Assembly Grade Appeals Committee may instruct that the course grade be upheld, raised, or lowered to a more proper evaluation.

[WBU Catalog](#)

## Course Requirements and Grading Criteria

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### Grading System:

	<u>Points</u>
Discussion Boards (6 @ 50 points each)	300points
Peer Response (4 @ 25 points each)	100points
Midterm Exam	100points
Final Exam	100points
Research Paper	200points

**800 total points**

**Course Outcome Competencies:** Upon completion of this course the student should be able to apply principles of counseling and understand the etiology of substance abuse, gambling, sex, and porn addiction. Students will be able to apply treatment theories to assist patients with these addictive disorders for abstinence and recovery.

1. Develop an understanding of the cause of addiction.
2. Explore various theories and applied research to the practice to addiction counseling.
3. Be able to assess and treat addiction.

**Attendance Requirements:** Although our class will never meet face to face, it is imperative that you log on to Black board and participate and complete the assignments weekly on-line. As with any master level seminar, you need to read the assigned text articles, watch the videos and be prepared to respond in a substantive manner. A part of the assignments is to practice writing scholarly and use proper APA format. That is just the foundation. Our goal is to transform Blackboard into a learning lab through interaction, engagement, and participation.

Effective online participation may include offering new and unique insights, clarifying issues and complexities, reframing and extending ideas in meaningful ways, and offering a perspective that helps integrate and synthesize readings, ideas, and topics. There are no stupid questions (or answers). Every idea has merit and the capacity to create something bigger.

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## Course Assignments:

**Discussion Boards** – Each assignment is due Wednesday night by (11:59 pm) midnight CST. The assignment will be up to 1-4 questions that you need to answer using the assigned readings for the week. Each question will state that the answer should be a synthesis of the readings, not summaries. Summaries of the assigned text, videos or journal articles will result in a grade of zero. For each question follows the criteria defined for that specific question, which includes word count, assigned text to be used, or outside articles incorporated (if applicable). Any articles used must be within the last 5 years and peer reviewed if possible. Other journal articles older than five years can be submitted if they are relevant to the discussion or research. Your weekly grade for the entire set of questions for the week will be worth 50 points all together.

**Peer Response** – Each Monday you will have 2 peer responses due by 9am CST. You should respond to 2 classmates in a substantive manner, which should demonstrate scholarship and critical analysis. Use at least 1 outside source for each response to substantiate your assertions. The more you respond to classmates, and the more comprehensively you respond will increase your grade for this peer response. Your weekly grade for the peer response is worth 25 points.

**Midterm Exam** will be administered consisting of 50 multiple choice questions. The test will be submitted over the reading and written assignments in weeks 1-3. The exam is open book and will have a two-hour time limit.

**There will be extra time this week. Please use this time to read and prepare your research paper.**

**Final Exam** will be administered consisting of 50 multiple choice questions. The test will be submitted over the reading and written assignments in weeks 5-7. The exam is open book and will have a two hour limit.

**Research Paper** - A research paper will be completed on motivational interviewing theory and cognitive behavioral therapy theory for addictions counseling. The research paper should compare and contrast these two counseling theories. Some areas to review are the following. Can motivational interviewing be used as a stand alone counseling theory? Is it better to use with another theory of counseling with motivational interviewing? The paper should be a minimum of 8-10 pages of content, excluding coversheet and references. Ten (10) peer reviewed, scholarly journal articles should be properly cited and noted in the bibliography. Please use APA format. The paper will be submitted to Safe Assignment. If Safe Assignment detects more than 20% match of previously written work, we will have a discussion. The total point value for this research paper is 200 points. This paper should include an introduction, literature review, discussion, and conclusion section. Please use these headings. Subheadings can be used as needed.

### **The University has a standard grade scale:**

A 90-100, B = 80-89, C = 70-79, D = 60-69, F= below 60, W = Withdrawal, WP = withdrew passing, WF = withdrew failing, I = incomplete. An incomplete may be given within the last two weeks of a long term, within the last week of an 8-week session, or within the last two days of a microterm to a student who is passing, but has not completed a term paper, examination, or other required work for reasons beyond the student's control. A grade of "incomplete" is changed if the work required is completed prior to the last day of the next long 16-week term or 8-week session, unless the instructor designates an earlier date for completion. If the work is not completed by the appropriate date, the I is converted to an F.

# Tentative Schedule

## Tentative Schedule

<b>WEEK 1</b> <b>March 22, 2021</b>	<b>Chemical Dependency Counseling</b> <b>Chapters 1-4</b> <b>Discussion Board 1 Due 3-26-2021 at</b> <b>11:59pm</b>
<b>Week 2</b> <b>March 29, 2021</b>	<b>Chemical Dependency Counseling</b> <b>Chapters 5-6</b> <b>Peer Response 1 due 3-29-2021 at 9am</b> <b>Discussion Board 2 due 3-31-2021 at</b> <b>11:59pm</b>
<b>Week 3</b> <b>April 05, 2021</b>	<b>Chemical Dependency Counseling</b> <b>Chapters 7, 9 &amp; 16</b> <b>Discussion Board due 4-7-2021 at</b> <b>11:59p.m.</b>
<b>WEEK 4</b> <b>April 12, 2021</b>	<b>Peer Response 3 due 4-12-2021 at 9am</b> <b>MIDTERM</b> <b>Exam due by 4-18-2021 at 11:59p.m.</b>
<b>WEEK 5</b> <b>April 19, 2021</b>	<b>Understanding and Treating Sex and Pornography</b> <b>Addiction Chapters 1-5</b> <b>Discussion Board 4 due 4-21-2021 at 11:59pm</b>
<b>WEEK 6</b> <b>April 26, 2021</b>	<b>Understanding and Treating Sex and Pornography</b> <b>Addiction Chapters 6-9</b> <b>Peer Response 4 due 4-26-2021 at 9am</b> <b>Discussion Board 5 due 4-28-2021 at 11:59pm</b>
<b>WEEK 7</b> <b>May 03, 2021</b>	<b>Understanding and Treating Sex and Pornography</b> <b>Addiction Chapters 10-15</b> <b>Peer Response 5 due 5-3-2021 at 9am</b> <b>Discussion Board 6 due 5-5-2021 at 11:59pm</b>
<b>WEEK 8</b> <b>May 10, 2021</b>	<b>Final Exam and Research Paper</b> <b>Final Exam and Paper due by 5-15-2021 at 9a.m.</b>