



School of Behavioral and Social
Sciences

CNSL 5308 VC01 Substance Abuse Counseling

Summer 2017 Virtual Campus

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Note: for the class we will use Blackboard's in-house message board rather than email, but for questions regarding the syllabus, please feel free to contact me.

Wayland Baptist University exists to educate students in an academically challenging, learning focused, and distinctively Christian environment for professional success and service to God and humankind.

COURSE CATALOG DESCRIPTION

Use and abuse of substances; sociocultural, historical, legal, and clinical issues related to drug use; theories and therapeutic approaches for treatment and prevention.

This course is designed to emphasize chemical dependency counseling by providing a broad understanding of the stages, processes, and effects of chemical dependency, social and psychological dynamics of chemical dependency, and the professional's role in prevention, intervention, and aftercare. Coursework includes: drug classification and effects; chemical dependency assessment; and theories and methods of chemical dependency counseling.

REQUIRED TEXT

Substance Abuse: Information for School Counselors, Social Workers, Therapists, and Counselors
by Fisher, G. L. & Harrison, T. C. (Fisher, G. L. & Harrison, T. C.). ISBN: 0-13-43876-3 or 978-0-13-438764-2
6th Edition, 2012. Publishers: Pearson

STUDENT LEARNING OUTCOMES

Upon completion of this course the student should be able to:

- List and discuss the major concepts regarding substance abuse issues, assessment and treatment
- Classify and describe the major classes of drugs and their affects
- Identify and explain the models of addiction
- Define the various assessment and treatment approaches of substance abuse

Please note that there is no comprehensive final exam or major research paper. Since this is a practioner type course, all research will be related to practical skills and application.

COURSE REQUIREMENTS AND DETERMINATION OF GRADE		
Assignments	Explanation	%
Discussions	There will be five graded discussion boards—Students will be required to participate in each with at least a 250 word initial post and a 100 word academic response to one other student's initial post. These will be practical applications where students will apply their reading assignments to practical implications of counseling. In many cases, students will be required to read an assigned, outside article or view a video podcast that relates to the week's reading assignment. NOTE: <i>Initial discussion is due by midnight Thursday and response is due by midnight on Saturday</i>	20
Quizzes	There will be four quizzes over the reading assignments. Tests usually consist of self-graded, open-book, multiple-choice questions used to assess reading comprehension. There is a study guide to help students with each quiz. Quizzes are open-book with no time limit.	40
Substance Abuse Paper and handout	Students will compose a comprehensive handout on one of the major drugs covered in class or either on a topic related to substance abuse (i.e. support groups, treatments) The handout must be professional quality as if it were to be presented at a workshop of local professionals. Students may find the Internet helpful in assimilating materials. There should be at least 10 web links. The handout should be at least 6 pages long and should contain at least 5 documented resources other than the 10 web links. Grading will be on content, appearance, organization, and acceptable grammatical style.	10
Blog Page	There will be a class blog where each student will be expected to post at least three links to online materials that will be helpful in counseling substance abuse clients. In the end, students should be able to copy and paste this wiki page to their own computer and save it for future references. Each reference should have an explanation of what the link references. Please do NOT use Wikipedia.	5
Community Points	Developing a sense of community in an online environment requires work. To do this, the class will do such things as: the Intro Discussion Board, the student location map, active feedback in the wiki, the class cyber café. A more detailed list of what is required will be spelled out during the class.	10
Support Group Assignment	Each student will be required to attend a support group meeting (such as AA, Alanon) and write a 2-page minimum reflective paper. Students will be reflecting on their experience and include a discussion of what occurred during the meeting, their idea of the positive and negative aspects of the meeting.	5
Abstinence experience	Think of something that you enjoy doing and that you engage in frequently. Now take a 6 week period during the semester and cease that activity. Write a two-page paper that reflects your experience in withdrawing from that activity. Be sure it is something that doesn't impact your health...such as refusing regular exercise or not taking prescribed medicines.	5
Journal*	Login into the Wayland library and find one scholarly journal articles. Write a one-half page or more review of the article. Be sure to use APA format for this! See Below for directions:	5
TOTAL		100%

***Note on Journal Article:** Read and analyze one academic journal articles. The articles must relate to of substance abuse counseling. Retrieve the articles from refereed/peer reviewed journals. An assessment rubric will be used to grade the articles summary and analysis. Please use Wayland Library. These are NOT to be things you found online unless it is from a peer-reviewed publication.

1. General Information: Title of article, author's name, date of publication and one paragraph about the author.
2. Summarize the major thesis of the article (keep to 6 or less sentences). What are the problems, issues being addressed, purpose and need, and/or theoretical basis for the article?
3. Summary of Article: The summary must be a minimum of one double-spaced typed page and must address a pastoral care/counseling theory, approach, and/or model.
4. Reflection and Personal Evaluation of article: Minimum of two paragraphs. Evaluate the information and describe how you would incorporate the information into your personal and professional life.
5. Attach article you have chosen as well as your journal review (in Word document form)

WBU GRADING SYSTEM

Symbol	Percentage
A	90-100
B	80-89
C	70-79
D	60-69
F	Below 60

UNIVERSITY STATEMENTS

It is university policy that no otherwise qualified disabled person be excused from participation in, be denied the benefits of, or be subject to discrimination under any educational program or activity in the University. Students should inform the instructor of existing disabilities at the first class meeting.

Students are responsible for reading, understanding, obeying, and respecting all academic policies, with added emphasis being placed upon academic progress policies, appearing in the Wayland Baptist University Academic Catalog applicable to their curriculum and/or program of study.

University students are expected to conduct themselves according to the highest standards of academic honesty. Academic misconduct for which a student is subject to penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, forgery, or plagiarism. Plagiarism is the presentation of the work of another as one's own work. It is the student's responsibility to be familiar with penalties associates with plagiarism stated in the catalog.

COURSE OUTLINE AND DUE DATES

Date	Subject	Assignment	Other
6/3/17	Pharmacology/Ch. 1 Professional Role/ Ch. 2 Brief Overview of Classification of drugs & Ch. 3 Models of Addiction	Intro Wiki	
6/10/17	Ch. 4 Cultural/ethnic issues & Ch. 5 Assessment and Diagnosis/Special Topic: Alcohol Abuse and Addiction	DB 1	4 %
6/17/17	Special Topics: Barbiturates, Benzodiazepines, Amphetamines	Quiz #1	10%
6/24/17	Special Topics: Cocaine, Marijuana/Video (Bud Business)/Opiates	DB 2	4%
7/1/17	Special Topics: Hallucinogens, Inhalants, Steroids & OTC Analgesics	Scholarly Journal	5%
7/8/17	Special Topics: Nicotine/Ch. 6 Interventions Ch. 7 Treatment	Quiz #2 DB 3	10% 4%
7/15/17	Ch. 9 Twelve Step programs and support groups/Ch. 10 Families Ch. 11 Children of families	Support Group Visit DB 4	5% 4%
7/22/17	Exam#3/Ch. 11 Codependency/ Ch. 8 Relapse prevention & ch. 12 HIV/AIDS	Quiz #3 Abstinence	10% 4%
7/29/17	Ch. 13 Gambling & Other addictions	DB 5	4%
8/5/17	Ch. 14 Prevention & Ch. 15 Confidentiality and Ethical issues	Quiz #4 SA Handout Blog	10% 10% 5%
8/12/17	No additional lecture notes or readings assigned	Community Points (see below)	10%

*Assignments due by midnight Pacific Standard Time. All assignments due by Saturday, unless otherwise stated.