**Wayland Mission Statement**

Wayland Baptist University exists to educate students in an academically challenging, learning-focused, and distinctively Christian environment for professional success, and service to God and humankind.

**Contact Information**

**Course**: CNSL 5319 – Human Sexuality: Assessment and Treatment Issues

**Campus**: WBUonline

**Term/Session:** Fall 2025 Session 2 (October 13, 2025 - December 16, 2025)

**Instructor:** Dr. Leilani Ahina

**Office Phone Number:** 808-220-0141

**WBU Email Address:** leilani.ahina@wayland.wbu.edu

**Office Hours, Building, and Location:** by appointment

**Class Meeting Time and Location:** Asynchronous meetings on Blackboard

**Textbook Information**

**Required Textbook(s) and/or Required Materials:**

#### HUMAN SEXUALITY IN A CHANGING WORLD.

#### BY RATHUS, SPENCER, NEVID, JEFF, FICHNER-RATHUS, LOIS, AND NEVID, JEFFREY S., PUBLISHED BY PEARSON EDUCATION, 10TH EDITION.

#### PUBLICATION DATE: JAN. 4, 2017 ISBN: 9780134525075

**Course Information**

**Catalog Description:** An exploration of the many aspects of human sexuality including historical traditions, gender and sexual identity, anatomy and physiology, arousal and responsiveness, STDs and wellness issues, love and affection, infertility and pregnancy, and sexuality throughout the lifespan; particular emphasis on clinical assessment, diagnosis, and treatment of the various paraphilias and sexual disorders as well as counseling issues associated with sexual abuse.

**There is no prerequisite for this course**.

**Course Outcome Competencies:** Upon completion of this course, students will be able to:

* Identify trends and changes in the past and present that influenced sexual attitudes and values in the United States and be aware of how some of these values differ from those in other cultures
* Describe the basic anatomy and physiology of sexual systems and the functional implications
* Describe the various sexual diseases and dysfunctions, how their risk can be minimized, and how they can be dealt with if they occur
* Analyze the reasons for, and the effects of, commercial sex (prostitution and pornography)
* Examine the causes of sexual assault, ways to minimize the probability of such assault, and methods of treatment after an assault has occurred
* Describe and evaluate research on the changes that occur in a woman during pregnancy and birth and how these changes affect her interactions with others

**Attendance Requirements**

WBUonline (Virtual Campus)

Students are expected to participate in all required instructional activities in their courses. Online courses are no different in this regard; however, participation must be defined in a different manner. Student “attendance” in an online course is defined as active participation in the course as described in the course syllabus. Instructors in online courses are responsible for providing students with clear instructions for how they are required to participate in the course. Additionally, instructors are responsible for incorporating specific instructional activities within their course and will, at a minimum, have weekly mechanisms for documenting student participation. These mechanisms may include, but are not limited to, participating in a weekly discussion board, submitting/completing assignments in Blackboard, or communicating with the instructor. Students aware of necessary absences must inform the professor with as much advance notice as possible in order to make appropriate arrangements. Any student absent 25 percent or more of the online course, i.e., non-participatory during 2 or more weeks of an 8-week session, may receive an F for that course. Instructors may also file a Report of Unsatisfactory Progress for students with excessive non-participation. Any student who has not actively participated in an online class prior to the census date for any given session is considered a “no-show” and will be administratively withdrawn from the class without record. To be counted as actively participating, it is not sufficient to log in and view the course. The student must be submitting work as described in the course syllabus. Additional attendance and participation policies for each course, as defined by the instructor in the course syllabus, are considered a part of the university’s attendance policy.

**University Policies**

**Statement on Plagiarism and Academic Dishonesty:** Wayland Baptist University observes a zero tolerance policy regarding academic dishonesty. Per university policy as described in the academic catalog, all cases of academic dishonesty will be reported and second offenses will result in suspension from the university.

**Instructor's Statement on Plagiarism and Academic Dishonesty**: I take academic dishonesty seriously.Plagiarism or submitting someone else's work as your own may result in a grade of 0 for the assignment or a grade of F in the course, at the instructor's discretion. Sources should always be cited, even when direct quotes are not taken from the material. When direct quotations are used, they should not account for more than 20% of assignment.

**Disability Statement:** In compliance with the Americans with Disabilities Act of 1990 (ADA), it is the policy of Wayland Baptist University that no otherwise qualified person with a disability be excluded from participation in, be denied the benefits of, or be subject to discrimination under any educational program or activity in the university. The Director of Counseling, Career and Disability Services serves as the coordinator of students with disability and should be contacted concerning accommodation request at (806) 291-3765. Documentation of a disability must accompany any request for accommodations.

Accessibility issues with content in WBUonline courses or in Blackboard should be addressed to the WBU accessibility coordinator, Dr. Trish Ritschel-Trifilo, [trifilot@wbu.edu](mailto:trifilot@wbu.edu) or call (806) 291-3745.

**Student Grade Appeals:** Students shall have protection through orderly procedures against prejudices or capricious academic evaluation. A student who believes that he or she has not been held to realistic academic standards, just evaluation procedures, or appropriate grading, may appeal the final grade given in the course by using the student grade appeal process described in the Academic Catalog. Appeals may not be made for advanced placement examinations or course bypass examinations. Appeals are limited to the final course grade, which may be upheld, raised, or lowered at any stage of the appeal process. Any recommendation to lower a course grade must be submitted through the Vice President of Academic Affairs to the Faculty Assembly Grade Appeals Committee for review and approval. The Faculty Assembly Grade Appeals Committee may instruct that the course grade be upheld, raised, or lowered to a more proper evaluation.

WBU Catalog

**DISCLAIMER:**

**This is a Human Sexuality course specifically designed for mature adult college students. Sexually explicit lecture language & topics, films, slides, and other teaching materials may be used throughout the semester. We may discuss issues that you may find embarrassing, uncomfortable, and even “inappropriate”. To remain in and pas this class, you must be tolerant and respectful of others and maintain a mature and professional manner at all times. If you are extremely upset by, or made very uncomfortable by sexually explicit language or visual media depictions of human sexual behavior, please let me know. Additionally, you may wish to reconsider whether you really want to take this class.**

**Course Requirements and Grading Criteria**

**The University has a standard grade scale:**

A = 90-100, B = 80-89, C = 70-79, D = 60-69, F= below 60, W = Withdrawal, WP = withdrew passing, WF = withdrew failing, I = incomplete. An incomplete may be given within the last two weeks of a long term, within the last week of an 8-week session, or within the last two days of a microterm to a student who is passing, but has not completed a term paper, examination, or other required work for reasons beyond the student’s control. A grade of “incomplete” is changed if the work required is completed prior to the last day of the next long 16-week term or 8-week session, unless the instructor designates an earlier date for completion.  If the work is not completed by the appropriate date, the I is converted to an F.

**REQUIRED Discussion Boards**: (50% of final grade)

Students should complete the assigned reading and review of additional course materials prior to any online discussion boards so that they can participate fully in class discussions as well as ask and answer questions intelligently. Discussion threads are organized by week, and each week you will need to be involved by posting and responding to threads. Specifically, the minimum expectations for involvement in discussion board posts are:

* **An initial response** to every thread prompt that I post (Weeks 1, 3, 5, & 7)
* **Responses to two classmates’ posts for each thread.**
* **A reply** to every comment made to your original post.

I will read every exchange in the discussion forum and keep track of your participation, evidence that you completed the reading and reviewed the PowerPoint lectures, your effort and depth of thought. It is not acceptable to merely comment with praise (“I agree” or “Good comments”) or to ask questions on basic content (for example, for basic definition of terms). It is my expectation that you have a reasonable grasp of the material because you completed the reading and reviewed the PowerPoint lecture notes. As this is an advanced college class, I expect the discussion to show evidence of your critical thinking skills that transcends basic comprehension of the subject matter. Your posts should demonstrate your analyzing, evaluating, synthesizing, comparing and applying information.

Comments should always be respectful of other points of view and be communicated in a professional manner. We can agree to disagree.

**REQUIRED Video Analysis Report of Sexual Health:** (20% of final grade)

This assignment will enable you to critically analyze the sexual health of a fictional character in popular culture – television, films or literature.

To complete this assignment, you will need to refer to these two resources that are posted in Blackboard:

“Life Behaviors of a Sexually Healthy Adult” and

“Sexual Health in Prime Time”

For this assignment, you will need to:

1. Select a fictional TV, movie, or literary character that will serve as a case study to analyze his or her sexual health, based on the criteria indicated on the two handouts. Watch the movie.

2. Complete the checklist “Sexual Health in Prime Time” for your character.

3. Write a 5-page paper, elaborating on the criteria in the handouts as it pertains to your character. Address at least one aspect of each of the six areas covered in the "Sexual Health in Prime Time" checklist, as well as at least one aspect of each of the 6 areas in the "Life Behaviors of a Sexually Healthy Adult" handout

Remember to submit the completed checklists with your paper.

***These are movies I suggest for this assignment. You are welcome to analyze a character from another movie or TV show, with your professor's approval. Most are available to rent on Amazon Video for $2.99.*** (Summary information from imbd.com):

**Boys Don't Cry** (1999). The story of the life of Brandon Teena, a transgendered teen who preferred life in a male identity until it was discovered he was born biologically female. Rated R.

**Breaking the Waves** (1996) Oilman Jan is paralyzed in an accident. His wife, who prayed for his return, feels guilty; even more, when Jan urges her to have sex with another. Rated R.

**Choke** (2008) A sex-addicted con-man pays for his mother's hospital bills by playing on the sympathies of those who rescue him from choking to death. Rated R.

**Closer** (2004) The relationships of two couples become complicated and deceitful when the man from one couple meets the woman of the other. Rated R

**Disclosure** (1994). A computer specialist is sued for sexual harassment by a former lover turned boss who initiated the act forcefully, which threatens both his career and his personal life. Rated R.

**Kinsey** (2004). A look at the life of Alfred Kinsey, a pioneer in the area of human sexuality research, whose 1948 publication "Sexual Behavior in the Human Male" was one of the first recorded works that saw science address sexual behavior. Rated R.

**Last Tango in Paris** (1972) A young Parisian woman meets a middle-aged American businessman who demands their clandestine relationship be based only on sex. Rated NC-17.

**Lost In Translation** (2003). A faded movie star and a neglected young wife form an unlikely bond after crossing paths in Tokyo. Rated R.

**Monster** (2003). Based on the life of Aileen Wuornos, a Daytona Beach prostitute who became a serial killer. Rated R.

**Secretary (2002)** A young woman, recently released from a mental hospital, gets a job as a secretary to a demanding lawyer, where their employer-employee relationship turns into a sexual, sadomasochistic one. Rated R.

**Shame** (2011) In New York City, Brandon's carefully cultivated private life -- which allows him to indulge his sexual addiction -- is disrupted when his sister arrives unannounced for an indefinite stay. Rated NC-17.

**Stealing Beauty. (1996)** After her mother commits suicide, nineteen year old Lucy Harmon travels to Italy to have her picture painted. However, she has other reasons for wanting to go. Rated

**Thanks for Sharing (2012)** A romantic comedy that brings together three disparate characters who are learning to face a challenging and often confusing world as they struggle together against a common demon: sex addiction. Rated R.

**The End of the Affair (1999)** On a rainy London night in 1946, novelist Maurice Bendrix has a chance meeting with Henry Miles, husband of his ex-mistress Sarah, who abruptly ended their affair two years before. Bendrix's obsession with Sarah is rekindled; he succumbs to his own jealousy and arranges to have her followed.

**The Crying Game (1992).** A British soldier is kidnapped by IRA terrorists. He befriends one of his captors, who is drawn into the soldier's world. Rated R.

**The Piano** (1993). A mute woman along with her young daughter, and her prized piano, are sent to 1850s New Zealand for an arranged marriage to a wealthy landowner, and she's soon lusted after by a local worker on the plantation. Rated R.

**The Sessions** (2012) A man in an iron lung who wishes to lose his virginity contacts a professional sex surrogate with the help of his therapist and priest. Rated R.

**REQUIRED –FINAL PAPER** (30% of final grade)

**The final project is an opportunity for you to** clearly articulate your values, attitudes, and beliefs about a variety of topics, and then describe the positive and negative experiences that have directly or indirectly influenced the formation of them.

Please choose a minimum of four topics from among the following, and organize your papers using your choices as subheadings:

∙ Premarital sex

∙ Same-sex relationships

∙ Gay adoptions

∙ Contraception / Protection

∙ Abortion

∙ Masturbation

∙ Extra-relational sex (i.e., “affairs”)

∙ Pornography ∙ Commercial sex (i.e., prostitution)

∙ Safer sex education – Abstinence education

∙ Treatment vs. punishment of sex offenders

∙ Male and female roles – traditional vs. egalitarian

∙ Fetishes or unusual sexual interests

∙ Another sex or gender-related topic that is important to you

A number of factors may have influenced the development of your thinking about these topics; examples include the following:

∙ Religious upbringing

∙ Educational experiences/teachers

∙ Peers or friends

∙ The media (music, TV, magazines, movies, etc.)

∙ Parents and family (involvement, education, family life)

∙ Cultural or ethnic background ∙ Social experiences

∙ Other experiences that have been important to you

Give your paper an interesting title that reflects its content. Do not just write a chronology of your life… you need to describe your gender and sexual attitudes, beliefs, and values and specifically how they came to be that way. Submit an outline of your paper by 12/8 and the final paper by 12/13. Length will be from 5-7 pages.

**Tentative Schedule**

| Week # | **Class Schedule, Assignments and Due Dates** | | | |
| --- | --- | --- | --- | --- |
|  | **Monday (or as noted)** | **Thursday** | **Saturday** | |
| 1 | **10/13**  -Read Ch 1-3  -Complete the required first assignment today | 10/16 | | 10/18  -Post your initial responses to all of the other week 1 threads by today |

| 2 | 10/20 | 10/23  -Post comments/questions to 3 classmates’ posts for week 1 by today | 10/25  -Reply to all classmate’s comments/questions for week 1 posts by today |
| --- | --- | --- | --- |
| 3 | 10/27  -Read Ch 4-6 | 10/30 | 11/1  -Post your initial responses to week 3 threads by today |
| 4 | 11/3 | 11/6  -Post comments/questions to 3 classmates’ posts for week 3 by today | 11/8  **Good Friday & Easter – No Classes** |
| 5 | 11/10 | 11/13  -Reply to all classmate’s comments/questions for week 3 posts by today | 11/15  -Read Ch 7-9  -Post your initial responses to week 5 threads by today |
| 6 | **11/17**  **Video Analysis Report of Sexual Health Due** | 11/20  - Post comments/questions to 3 classmates’ posts for week 5 by today | 11/22  -Reply to all classmate’s comments/questions for week 5 posts by today |
|  | **11/24**  **No work due this week - Happy Thanksgiving!** | 11/27 | 11/29 |
| 7 | **12/1**  -Read Ch 10 | 12/4 | 12/6  -Post your initial responses to week 7 threads by today |
| 8 | **12/8**  -Submit a short outline of your Final Paper by today | 12/11  -Post comments/questions to 3 classmates’ posts for week 7 by today | 12/13  -Reply to all classmate’s comments/questions for week 7 posts by today  -Submit your Final Paper by Today |

**Additional Information**

**Professor reserves the right to modify the syllabus as needed.**

**Consult the catalog for important deadlines to add/drop, withdrawal, etc.**